

OZK Osteopathic Center for Children - Osteopathisches Zentrum für Kinder Austria 1040 Wien

The OZK is a non-profit organisation run by a managing committee of qualified paediatric osteopaths and is one of three similar postgraduate training programs for paediatric osteopathy in Europe (and as we know worldwide) which offers a combination of lectures and regularly supervised hands-on training.

Since 1998 the OZK offers a two-year postgraduate training for paediatric osteopathy. The classes are starting each January (max. 18 students to guarantee aspects for an individual training). The specifics of our training are: diversity of qualified lecturers and supervisors, supervised multiple-hand technique treatments, babies and children are treated with their families in one big room, optional training days for special requirements of the students.

Aims of the training:

- gain specific knowledge about embryology, neonatology, peripartal period, development of children, specific problems during development, children's diseases,
- gain competence for specific examination and treatment requirements up from premature babies
- develop specific manual and sensory skills to treat children of all ages and all kinds of problems with their special requirements
- learn to use these specific skills to communicate with tissues in dynamic development
- develop routine to communicate examination results and treatment progress with parents, colleagues and all other professionals in service of the child
- gain competence to integrate family structures and patterns of relationship in the treatment
- build a growing space for paediatric osteopathy together with all the graduates of OZK (and similar trainings) to help as many children as possible to a healthier and happier way in and through development

The curriculum contains lectures all over the field of paediatric osteopathy, paediatrics, obstetrics, specific embryology and clinic days. The hands-on-training is organized on a regularly basis in the charity-clinic run by the OZK and as cooperation projects with a neonatology unit and a newborn ward. The little patients are usually treated with multiple-hand-techniques and the students are always supervised and tutored by the team of the OZK. The training requires time and willingness to dig on in the field of osteopathy.

Lectures are held in German or English (translation). The language for clinic days with children and parents normally is German, but in most cases also English conversation is possible.

The clinic is financed only by donations and by an incredible amount of enthusiasm and charity work done by the team and by a group of paediatric osteopaths for the well-being of children and the propagation of paediatric osteopathy.

You are invited to help the clinic by donations or by buying the book "Hilfe, ich bin versteinert" ("Help me – I got petrified"), which offers a good explanation of paediatric osteopathy in children's language, or our mascot "Sensofant" (puppet).

For further information (donations, basic requirements, fees, curriculum and beginning of classes) please contact:- www.ozk.at - Email: mfz@ozk.at - Tel: +43(0)676 446 2884